



# Stay Tuned Energy Healing



## Hypnotherapy Sessions

**60 Minutes - \$140**

**90 Minutes - \$175**

## Reiki Sessions

**60 Minutes - \$140**

**90 Minutes - \$175**

(can be integrated  
with Hypnotherapy)

## Crystal Bowl Sound Bath & Meditation

**60 Minutes - \$140**

**90 Minutes - \$175**

(integrated with  
Hypnotherapy)

*Service Packages: Purchase Four (4) x 60 minute sessions for \$420\*  
(includes Reiki, Hypnotherapy and/or Crystal Bowl\* meditations)*

*\*Package pricing represents a 25% per session discount.*

[www.StayTunedEnergyHealing.com](http://www.StayTunedEnergyHealing.com)

**Tune into your inner wisdom.**

*"To thine own self be true."  
--William Shakespeare*



**Stay Tuned**  
Energy Healing

It may seem impossible to shut out the noise of our busy lives to connect deep within ourselves. But this deep connection is where the healing magic lies. By connecting deep within ourselves, we have the power to heal and transform our daily lives.

At Stay Tuned Energy Healing, you'll have the grounding you need to delve into deep self-awareness, uncovering and releasing the hidden blocks and false beliefs that keep you from manifesting your goals and dreams. Using Hypnotherapy, Reiki, EFT, and Crystal Bowl sound healing modalities, Sandy Hawke, CCHT, can help guide you to faster and longer lasting emotional, mental, physical, and spiritual healing.



### Customer Testimonials

*"This was my first time trying hypnotherapy, and working with Sandy made me overcome all my skepticism. Sandy is really kind and patient therapist and creates a very safe and welcoming healing space. She helped me overcome a blockage in a sensitive area that I have been trying to work on for a long time without success. Sandy gently guided me through a rather intense period of self-exploration, and throughout this process I had absolute trust in her, and felt supported and comforted. I would highly recommend working with Sandy."*

**--Michaella V.**

*"I had several sessions with Sandy for PTSD and she was compassionate and so helpful. She emailed me with notes of our session to help me with my healing process. She knows the exact words to use when I felt like I was so overwhelmed. I'd highly recommend Sandy for any of your healing needs. Thank you Sandy for helping me cope."*

**--Michele S.**

**Visit my Yelp profile to see more reviews or add your own.**

**Sandy Hawke, CCHT**  
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/ Reiki Practitioner  
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